

EST 1985 | THE HAGUE

# Sophia

COSY PLACE | TASTY FOOD

TASTE SOPHIA'S FINEST FOOD



## CAKES & PASTRIES

### HOMEMADE

SOPHIA'S APPLE PIE 4.5

OUR FAMOUS MADELEINES 4  
4 pieces

*Ask for our changing homemade sweets*

## VIENNOISERIE

All 3.5

**CROISSANT**  
croissant | homemade jam  
butter

**PAIN AU CHOCOLAT**  
chocolate croissant | Nutella

( V ) VEGETARIAN

## BREAKFAST

All 7.5

**YOGHURT**  
organic yoghurt | pineapple  
cherry & coconut granola | tarragon

**AMERICAN PANCAKES**  
red fruit | clotted cream

## BREAKFAST SHAKES

All 7.5

**VITAMIN BOOST**  
pineapple | mango | coconut milk

**HEALTHY START**  
spinach | avocado | celery  
cucumber

**ALL-IN  
BREAKFAST** 22.5 p.p.

between 8:00 and 10:30 AM.  
full breakfast including coffee,  
tea and fresh juices

## EGGS

FOR BREAKFAST OR LUNCH

**BENEDICT** 10  
poached egg | ham  
Hollandaise sauce | muffin

**ROYALE** 12.5  
poached egg | salmon  
Hollandaise sauce | muffin

**AVOCADO ( V )** 9,5  
scrambled egg | avocado | toast  
+ smoked salmon 4,5

**FRIED EGGS / OMELETTE** 10.5  
thick slices of organic bread  
**choose your toppings:** cheese / ham  
bacon / mushroom / tomato  
bell pepper / onion



## DRINKS

### COFFEE

Espresso 2.9  
Doppio 3.9  
Lungo 3.3  
Espresso macchiato 3.5  
Cappuccino 3.7  
Latte macchiato 3.9  
Caffé latte 3.9  
Flat white (double shot) 4.5

*all our coffees are made with  
organic milk, our vegan alternative  
is oat milk (+ 0.5)*

Iced coffee 4.5  
*espresso, condensed milk*

### TEA

Cup of tea 3.5  
Pot of tea 7.5  
*choose from our rich selection of  
Betjeman & Barton teas*  
Cup of tea 3.8  
Pot of tea 7.8

*fresh mint or fresh ginger &  
orange tea*



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FROM 12 AM



## SANDWICHES

- AVOCADO TOAST (V)** 9.5  
scrambled eggs | avocado  
cress | toast  
+ *smoked salmon* 4,5
- PARISIENNE**
- SMOKED RIB EYE** 12.5  
smoked rib eye | truffle mayonnaise  
rucola | Parmesan | pine nuts
- BEEFBURGER** 14.5  
Black Angus burger 160 gr | brioche  
bun | lettuce | tomatoes | onion |  
cornichon  
+ *The Hague mature cheese* 1  
+ *bacon* 1

## SOUPS & SALADS

- SOPHIA'S BISQUE** 15.5  
prawns | orange | oregano
- SEASONAL SOUP (V)** 11.5  
varying seasonal soup
- CAESAR SALAD (V)** 12.5  
little gem | caesar dressing  
garlic croutons | boiled egg  
Parmesan  
+ *grilled chicken* 4,5  
+ *prawns* | 3 pieces 5,5

## MAINCOURSES

- ALL** 24
- BEEF WELLINGTON**  
smoked potato | green cabbage  
mushroom duxelle | Serrano ham  
Madeira sauce  
*Supplement* 3,5
- PORK CHEEK & NECK**  
sauerkraut | potato | pineapple
- CATCH OF THE DAY**  
fresh fish from the market with  
seasonal garnish
- STUFFED SAVOY CABBAGE (V)**  
mushroom | chestnut | pumpkin  
Indonesian beurre blanc | hazelnut

## SIDES

- FRIES** 4  
homemade fries | mayonnaise
- PARMESAN FRIES** 7  
homemade fries | Parmesan  
truffle mayonnaise
- GREEN SALAD** 4  
mixed salad | green herbs  
Sophia's vinaigrette
- SEASONAL VEGETABLES** 5.5  
varying seasonal vegetables

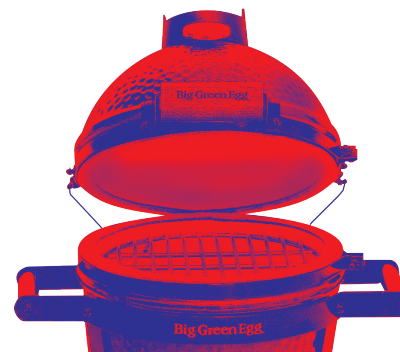
### 12 'O CLOCK 14.5

sandwich matured cheese  
croquette | seasonal soup  
boiled egg | organic bread

### 2 COURSE LUNCH MENU 29

choose 2 courses from our  
menu 'Pure'. Ask our team for  
the menu

(V) VEGETARIAN



Please let us know if we should  
take any special dietary requirements  
into account.

WE SERVE PURE JOY | [WWW.CARLTON.NL/SOPHIA](http://WWW.CARLTON.NL/SOPHIA)